

Pre-K Indoor Sports

Pre-K Indoor Sports is a program designed for children who are new to sports! The program will give participants the chance to practice some of the fundamentals of popular sports such as soccer, field hockey and tee ball, while getting to interact with a group of their peers!

Tuesdays or Thursdays @ Watertown Boys & Girls Club November 30 th – February 3 No Program 12/23		Pre-K Ages 3-5
8 Weeks: Tuesdays: 10:00am – 11:00am	Fee: \$45.00	
8 Weeks: Thursdays: 10:00am – 11:00am	Fee: \$45.00	Group Limit: 20

Wrestling

Learn to wrestle like the Olympians! This program introduces children to traditional wrestling. Priority will be on basic skills of balance, strength, discipline, and technique while having fun.

Tuesdays @ High School Wrestling Room 8 Weeks: November 30 ^h – January 25 th No Program 12/28		Grades 1 - 8
Grades 1-4: 6:30pm – 7:30pm		Group Limit: 16
Grades 5-8: 8:00pm – 9:00pm		Fee: \$45.00

High School Volleyball

Our high school girls' volleyball program will consist of drills, scrimmage and games. The focus of the program is to provide a fun, positive atmosphere while teaching the sport of volleyball and the excitement of being a part of a team.

Mondays @ Phillips School Gym 8 Weeks: November 29 th – January 31 No Program 12/27, 1/17		Grades 9 - 12
6:15pm - 8:00pm – Fee \$25.00		Group Limit: 18